Immune Activation and HIV Persistence: New Therapeutic Approaches

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## Which is Cause vs. Effect?

HIV Persistence and Viral Replication



T Cell Activation and Inflammation

# **Viral Persistence**

HIV Persistence and Viral Replication



T Cell Activation and Inflammation

If viral persistence causes inflammation, strategies to decrease viral production/replication should reduce inflammation Although intensification does not affect plasma viremia, it does alter episomal DNA levels (2-LTR circles), suggesting replication is occuring at low levels

# medicine





HIV-1 replication and immune dynamics are affected by raltegravir intensification of HAART-suppressed subjects

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Effect of raltegravir-containing intensification on HIV burden and T-cell activation in multiple gut sites of HIV-positive adults on suppressive antiretroviral therapy

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Increase in 2–Long Terminal Repeat Circles and Decrease in D-dimer After Raltegravir Intensification in Patients With Treated HIV Infection: A Randomized, Placebo-Controlled Trial

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# **PI Effect?**

- Increase in 2-LTR circles more likely to occur in subjects taking PI-based ART (Buzon, Nat Med '10; Hatano, JID '13)
- In ART-suppressed subjects with CD4<350, no effect of RGV intensification on SCA
  - Significant decrease in ultrasensitive plasma RNA in subset of subjects taking PI-based ART (Hatano, JID '11)
- Residual viral replication may be occurring in anatomic compartments that are less accessible to PI's (Fletcher, CROI '12)
- For PI's with a shorter half-life and steep dose response curve, new infection events may be occurring when drug concentrations are low (Shen, Nat Med '08; Jilek, Nat Med '12)

### Controllers had Significant Decrease in RNA with ART

**Plasma RNA** 

**Rectal RNA** 



\* P-values refer to change from baseline at each timepoint

### Controllers had Significant Decrease in Immune Activation with ART



\* P-values refer to change from baseline at each timepoint

### Controllers had Trend Towards Decrease in C-Reactive Protein with ART



\* P-values refer to change from baseline at each timepoint

### "Elite" Controllers had Trend Towards Decrease in Immune Activation with ART



\* P-values refer to change from baseline at each timepoint

# Maximal Suppression of HIV Replication

- Effective, highly bioavailable ARVs that have robust lymphoid tissue penetration (Fletcher, CROI '12)
- Initiation of ARVs as early as possible during acute infection (Jain, JID

'13; Saez-Cirion, PLoS Path '13; Ananworanich, CROI '13; Persaud, NEJM '13)

# Inflammation



- More virus production
- More target cells
- Homeostatic proliferation
- Upregulation of negative regulators (PD-1)
- Poor clearance mechanisms

### Inflammation





T Cell Activation and Inflammation

If inflammation causes persistence, anti-inflammatory approaches may accelerate cure

### Multiple Factors Cause Persistent Inflammation During ART



#### Deeks, Lewin, Havlir; Lancet 2013

### Potential Interventions to Decrease Microbial Translocation

- Rifaximin (ACTG 5286)
  - Minimally absorbed oral antibiotic that is concentrated in GI tract and has broad spectrum bactericidal activity
- Sevelamer (ACTG 5296)
  - Oral phosphate binder that binds bacterial endotoxin in GI tract

# **Prebiotics and Probiotics**

- Overrepresentation of pathogenic bacteria and underrepresentation of beneficial bacteria in HIV infection (Gori, JCM '08; Cunningham-Rundles, Nutrients '11)
- Gut "dysbiosis" associated with mucosal immune disruption, T cell activation, and chronic inflammation in treated HIV-infected individuals (Vujkovic-Cvijin, Sci Transl Med '13)
- RCT in *untreated* HIV-infected individuals, prebiotic x12 weeks improved gut microbiota composition and decreased sCD14 (Gori, Mucosal Immunol '11)

### **Prebiotic and Probiotic Supplementation** in Treated SIV

#### Probiotic/prebiotic supplementation of antiretrovirals improves gastrointestinal immunity in SIV-infected macaques

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ARVs = RTIs: PMPA, FTC & INIs: L'812, L'564

 Probiotics = VSL#3 (Bifidobacterium breve, Bifidobacterium longum, Bifidobacterium infantis, Lactobacillus acidophilus, Lactobacillus plantarum, Lactobacillus paracasei, Lactobacillus bulgaricus Streptococcus thermophilus)

& Culturelle (Lactobacillus GG & prebiotics)

Klatt et al, JCI 2013

Necropsy

### Prebiotic and Probiotic Supplementation in Treated SIV

- Increased colonic CD4 reconstitution
- Increased frequency/functionality of APCs in colon
- Decreased lymphoid fibrosis in the colon





Klatt et al, JCI 2013

### Multiple Factors Cause Persistent Inflammation During ART



#### Deeks, Lewin, Havlir; Lancet 2013

# Blockade of Type I Interferon Signaling may be Beneficial in Chronic HIV Infection



Persistent LCMV Infection Is Controlled by Blockade of Type I Interferon Signaling John R. Teijaro,<sup>1</sup>\* Cherie Ng,<sup>1</sup>\* Andrew M. Lee,<sup>1</sup>† Brian M. Sullivan,<sup>1</sup> Kathleen C. F. Sheehan,<sup>2</sup>

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Blockade of Chronic Type I Interferon Signaling to Control Persistent LCMV Infection

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- IFN-alpha has antiviral effects in untreated HIV
- LCMV infection
  - Acute infection: IFN-alpha has <u>antiviral</u> effects
  - Chronic infection: chronic and persistent signaling by IFN-alpha leads to potent <u>immunomodulatory</u> effects that prevent adaptive immune responses (eg, through expression of PD-1) and promote viral persistence
  - Blockade of IFN-alpha led to decreased immune activation, decreased PD-1 expression, restored lymphoid architecture, and enhanced viral clearance

### **Therapeutic Options in Development**

- Anti-inflammatory drugs
  - Chloroquine, hydroxychloroquine
  - NSAIDs (aspirin, mesalamine, COX-2 inhibitors)
  - Statins
  - Minocycline
  - Methotrexate
  - Lenalidomide
  - Biologics (IL-6 inhibitors, anti-INFa)
- Anti-coagulants: low dose warfarin, aspirin, clopidogrel

- Anti-infective therapy: CMV, HCV/HBV, HSV, EBV
- Microbial translocation: rifaximin, sevelamer, prebiotics/probiotics, colostrum
- Anti-fibrotic drugs: ACE inhibitors, ARBs
- Enhance T cell renewal: IL-7
- Anti-aging: sirolimus caloric restriction, omega-3 fatty acids, diet, exercise
- Chemokine receptor inhibitors: maraviroc

Multiple mechanisms account for HIV persistence, many of which are being addressed therapeutically



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